

## The 12 Promises

from Alcoholics Anonymous pg 83

If we are painstaking about this phase of our development, we will be amazed before we are half way through.

1. We are going to know a new freedom and a new happiness.
2. We will not regret the past nor wish to shut the door on it.
3. We will comprehend the word serenity
4. We will know peace.
5. No matter how far down the scale we have gone, we will see how our experience can benefit others.
6. That feeling of uselessness and self-pity will disappear.
7. We will lose interest in selfish things and gain interest in our fellows.
8. Self-seeking will slip away.
9. Our whole attitude and outlook upon life will change.
10. Fear of people and economic insecurity will leave us.
11. We will intuitively know how to handle things which used to baffle us.
12. We will suddenly realize that God is doing for us what we could not do for ourselves.

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### Overcomers Meetings

Phone Numbers of My  
Recovery Buddies:



*Overcomers is a fellowship of men and women who have been affected either directly or indirectly by something destructive that is out of our control.*

We believe that as we look to a loving God for help, and put into practice those principles for living which He has given us in His Word, we will find both the strength and freedom we need to live productive and happy lives. We strongly believe that our “**higher power**” is Jesus Christ.

Our five-fold purpose, based directly upon the Word of God, is set forth as follows:

- 1) To provide fellowship and recovery.
- 2) To be and to live reconciled to God and His family.
- 3) To gain a better understanding of our problems.
- 4) To be built up and strengthened in our faith in Christ.
- 5) To give dedicated service to others who are suffering as we once suffered.

We practice the suggested 12 step recovery program, because we believe these to be the practical application of the life changing principles which are so clearly set forth in the scriptures.

We welcome anyone who has a desire to recover from their pain, anyone who has a desire to rise above the pain and turmoil brought into their lives by a loved one, anyone who is not opposed to our general method of recovery. We are here to share our experience, strength, and hope with one another. The loving support and genuine caring of fellow members, coupled with daily prayer and the reading of scripture, prepares us to experience total serenity in Christ, no matter what our outward circumstances might be. Attendance at additional 12 step groups is encouraged. We are dedicated to the principles of anonymity and confidentiality. We guard the anonymity and confidences of other members without compromise. Nothing said in these discussions will leave this room in any form. Gossip has no place among us. We will share nothing said in this room with anybody outside this group.

Our common welfare must come first. There is only one authority in our group ... Jesus Christ, as He expresses His love and healing among us.

*Intro to Sharing:* Overcomers is different from other 12 Step meetings because there are as many reasons for being here as there are people here. While our struggles are all different, we do share the common solution of other 12 Step fellowships that is found in our Steps. In order to stay focused on our common solution, we ask while sharing that you follow a couple of guidelines: **Please avoid cross talk.** Cross talk is defined as responding directly to another person's share by giving advice or specific personal experience. While it is our goal to share our experience, strength and hope, we ask that if you have something specific to say to another person to wait until after the meeting. Because our struggles are different, we ask that while sharing that you not focus on the problem but **share on the common solution** we have found. **Please limit your sharing to 3-5 minutes** to allow everyone the opportunity to share.

## HOW IT WORKS

- Step 1 - We admitted we were powerless over what hurts us and that our lives had become unmanageable  
*Rom 7:18*
- Step 2 - We came to believe that a Power greater than ourselves could restore us to sanity  
*Phil 2:13*
- Step 3 - We made a decision to turn our will and our lives over to the care of God  
*Rom 12:1*
- Step 4 - We made a searching and fearless moral inventory of ourselves  
*Lam 3:40*
- Step 5 - We admitted to God, to ourselves and to another human being the exact nature of our wrongs  
*Jas 5:16*
- Step 6 - We were entirely ready to have God remove all these defects of character  
*Jas 4:10*
- Step 7 - We humbly asked God to remove our shortcomings  
*1 Jn 4:9*
- Step 8 - We made a list of all persons we had harmed, and became willing to make amends to them all  
*Luk 6:31*
- Step 9 - We made direct amends to such people wherever possible, except when to do so would injure them or others  
*Mat 5:23*
- Step 10 - We continued to take personal inventory and when we were wrong promptly admitted it  
*1 Cor 10:12*
- Step 11 - We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of God's will for us and the power to carry that out  
*Col 3:16*
- Step 12 - Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs  
*Gal 6:1*



*Serenity Church is a place where broken and hurting people find healing. If you are suffering from hurts beyond your control, if life has become unmanageable and you do not know your next move.... Serenity Church is waiting for you.*

**Serenity**  
Power for the Powerless  
[www.serenitychurch.net](http://www.serenitychurch.net)