

Hi, my name is _____ ...

12 Steps with Therefore Scripture

Step 1 We admitted that we were powerless over what hurts us– and our lives had become unmanageable.

"Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me." (2 Corinthians 12:9)

Step 2 We came to believe that a power greater than ourselves could restore us to sanity.

"Therefore he is able to save completely those who come to God through him, because he always lives to intercede for them." (Hebrews 7:25)

Step 3 We made a decision to turn our will and our lives over to the care of God as we understood Him.

"Therefore Jesus said again, 'Very truly I tell you, I am the gate for the sheep'." (John 10:7)

Step 4 We made a searching and fearless moral inventory of ourselves.

"Therefore, my friends, I want you to know that through Jesus the forgiveness of sins is proclaimed to you." (Acts 13:38)

Step 5 We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

"Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. (James 5:16)

Step 6 We were entirely ready to have God remove all these defects of character.

"Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ." (Romans 5:1)

Step 7 We humbly asked Him to remove our shortcomings.

"Therefore, humble yourself under God's mighty hand, that he may lift you up."
(1 Peter 5:6)

Step 8 We made a list of all persons we had harmed and became willing to make amends to them all.

"Therefore, let us make every effort to do what leads to peace and to building each other up." (Romans 14:19)

Step 9 We made direct amends to such people wherever possible— except when to do so would injure them or others.

"Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."
(Matthew 5:23-24)

Step 10 We continued to take personal inventory and when we were wrong promptly admitted it.

"Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain." (1 Corinthians 15:58)

Step 11 We sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

"Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins." (Mark 11:24-25)

Step 12 Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others and to practice these principles in all our affairs.

"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock." (Matthew 7:24)